

Name _____

Period _____

Date _____

Ms. Teixeira

Family and Consumer Sciences

Flipped Classroom Assignment **6th Grade Measuring Lab**

Assignment Due Date: _____

In-Class Lab Day: _____

For homework, you will watch the "Kitchen Measurement Demonstration" video. This video will help you learn the proper techniques required for accurate and efficient kitchen measurement in the FACS Foods Lab. It will prepare you for our in-class measuring lab by showing you all the necessary steps and ingredients.

Requirements:

- Watch the video twice.
 1. First, get a basic idea of each step and method.
 2. Then, complete the "Kitchen Measurement 1-2-3" sheet on the back side of this sheet. This will assist you during the lab and will be collected.

Directions to Access Video:

1. Open your Internet browser (Firefox, Safari).
2. In the browser's search box, type www.youtube.com.
3. Once on YouTube, type **GNSouthFACS** into the search box to access the FACS department channel.
4. Scroll down to find GNSouthFACS's Channel.
5. Scroll through the videos and click on "Kitchen Measurement Demonstration."
6. The video can also be accessed by typing the following link directly into your browser: <http://www.youtube.com/watch?v=UyCpmr8nh50>
7. Pause, rewind, or replay the video as often as necessary!
8. Complete "Kitchen Measurement 1-2-3" Sheet.

****If you have any concerns or difficulty getting access to a computer or the Internet, please see me. ****

****The computer labs at South Middle School are available during lunch periods and after school for you to use. ****

My child has watched the Kitchen Measurement Demonstration video at least 2 times and completed the attached graphic organizer sheet ("Kitchen Measurement 1-2-3").

Parent/Guardian Signature

Date

Kitchen Measurements 1-2-3

1

Step 1: List 3 steps required to prepare to measure ingredients in the kitchen.

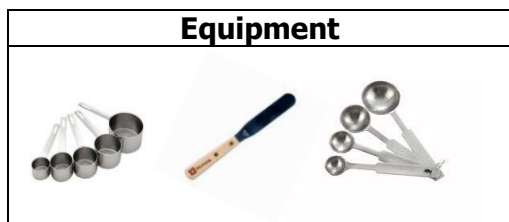
1 _____

2 • Ingredients: _____

3 • Equipment: _____

2

Step 2: Measuring Dry Ingredients



Examples of Dry Ingredients:

-
-
-

Technique

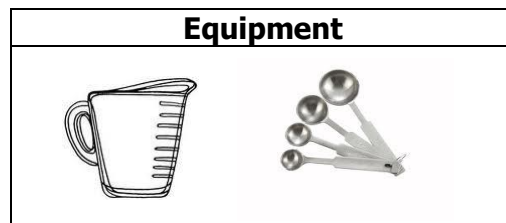
D _____

L _____

P _____

3

Step 3: Measuring Liquid Ingredients



Examples of Liquid Ingredients:

-
-
-

Technique

To accurately measure liquid ingredients in a liquid measuring cup, you must:

- 1.
- 2.
- 3.